From Winston-Salem:
I-40 East to Exit 128 Fairgrove Church Road, turn Right at the top of the exit
Go past Catawba Medical Center to Tate Blvd. (4th stoplight)
Turn left onto Tate Blvd. and go approximately 3 miles
Turn right on 18 St., SE and take an immediate left into Tate Medical Commons
We are located in the rear of Building A, Suite 203

From Hickory:
Take I-40 East to exit 128 Fairgrove Church Road, turn right at the top of the exit
Go past Catawba Medical Center to Tate Blvd. (4th stoplight)
Turn left onto Tate Blvd. and go approximately 3 miles
Turn right on 18 St., SE and take an immediate left into Tate Medical Commons
We are located in the rear of Building A, Suite 203

From Highway 321 going East:
Take I-40 East to exit #125 Lenoir-Rhyne Blvd., turn left at top of the exit to Tate Blvd.
Turn right onto Tate Blvd., 1 mile, turn left into Tate Medical Commons
We are located at the rear of Building A, Suite 203

From Highway 127 North (Viewmont):
Travel South on NC 127/2nd St. Dr., NE, turn left onto 2nd Ave, SE.
At Tate Blvd, turn left 1 mile, turn left onto 18 St. SE., Immediate left into Tate Medical Commons
We are located in the rear of Building A, Suite 203